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## **Abstract**

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This invention is to provide an engagement means around a spray nozzle nestled in the face plate of a hand-held or wall-mounted showerhead to allow a secret built-in coupling structure for thread-fit or snap-fit attaching directly (hand-held) or indirectly (wall-mounted) through a flexible douche hose to our specially designed disposable vaginal douche nozzle. The douche mode of a showerhead is thereby built into current showerhead art without significant change on common showerhead face appearance. User can access the douche mode of a showerhead by selecting the spray mode of said spray nozzle where it has a coupling structure attachable to said douche nozzle or hose. Said douche nozzle or hose receives water from said spray nozzle when the douche mode on a showerhead is selected and said douche nozzle or hose is attached. The spray pattern of said spray nozzle is not affected when said douche nozzle or hose is not attached. In accordance with this invention, simple, convenient, comfortable, and adequate vaginal cleaning may be accomplished by douching with only normal household water that ensures minimal alteration of vaginal pH while rinsing out the vaginal canal.